## ABSTRACT OF THE DISCLOSURE

[0072] Methods are taught to simplify the cochlear implant fitting process for various cochlear prostheses and stimulation strategies, including high rate stimulation strategies. For instance, patient self-programming is made possible. In addition, auto-fitting is made possible (particularly useful for very young patients and other patients for whom it is challenging to obtain feedback) using iso-neural response contours which can be linearly transposed to arrive at iso-loudness contours. Furthermore, M iso-loudness contours (or iso-neural contours) can be linearly transposed to determine T iso-loudness contours. In addition, wider pulse widths can be used to generate an iso-loudness contour whose shape can be used (via linear transposition) to program high-rate, narrow pulse width stimulation.